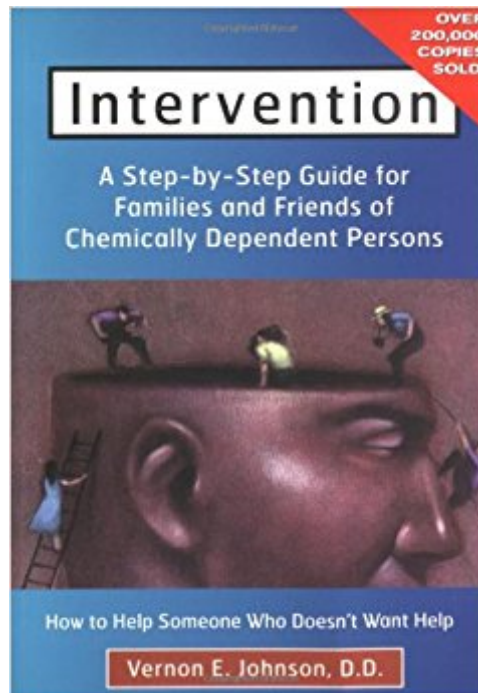


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# Intervention: How To Help Someone Who Doesn't Want Help



## Synopsis

In simple terms, this book shows how chemical dependency affects those around the addicted person, and teaches concerned people how to help and how to do it right. In *Intervention: How To Help Someone Who Doesn't Want Help*, Dr. Vernon Johnson describes the process that has successfully motivated thousands of chemically dependent people to accept help. In simple terms, this book shows how chemical dependency affects those around the addicted person, and teaches concerned people how to help and how to do it right. Johnson shows how chemical dependence affects those around the sick person--spouses, children, neighbors, co-workers. He also points out that intervention is not a clinical process, but a personal one that brings families back together.

## Book Information

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## Customer Reviews

"Dr. Johnson has pioneered in this work, and it is no surprise that he writes a masterpiece as a guide for families and friends of chemically dependent persons. Because of its brevity and clarity, the book effectively addresses the intended audience as well as professionals who want to understand how to get someone to accept help."--S. Reaves Lee, MD, *Journal of Clinical Psychiatry*

In this pioneering work, Vernon Johnson describes intervention -- a process that has successfully motivated thousands of chemically dependent people to accept help. In terms anyone can understand, *Intervention* shows how to help those with an alcohol or other drug problem -- and how to do it right.

This book was informative and helpful in understanding the assistance required for people with substance abuse issues. It recommends that a fairly elaborate and well organized plan be orchestrated before scheduling the intervention. The person that originated my investigation into planning an intervention used this book as a guide but did not have the people for a complex intervention. It is a good book to read before instigating the intrusion, to help thoroughly think through all aspects before confronting the person that will be forever impacted. It is a very good guide for anyone living with an impaired person that needs to make a drastic change to save lives.

Required for a class I took. Very informative, I just wish more people would read it to become informed about the problem of this disease.

This book was an AMAZING help to our family! We used the tools and learned so much, that we had a SUCCESSFUL intervention! Our son is 30 days clean from cocaine, as of 2 days ago, and has signed up for the 2nd 28 days at rehab!

When I was in private practice many years ago I ran across this book. It made sense to me, and observed another counselor use the concepts successfully.

I would highly recommend this for anyone who wants to understand more about the disease and how you might intervene if someone needs it. Easy to read and very informative. I will be reading again.

This book is very important for survival with anyone who has an addiction disease. Life has many challenges however, this is a 7/24 problem. I'd like to tell you more but we will be having a professional (using an expert interventionist) in the near future. We are in the stages of practicing.. I'll try to keep you posted some how.

This gives a good overview of alcoholism and the general technique of intervention. The author makes it quite clear that families can intervene on an alcoholic without using a professional in many cases. This is important for families who do not have the money to hire a professional. But I found that the book does not give a great deal of detailed instruction on how to carry out an intervention. I think, after having done a intervention on someone in my husband's family, the book oversimplifies

the whole process. There are many issues that cropped up for us that the book did not cover. While this book is worth reading, it is not the best I've read when it comes to giving practical, detailed advice on actually doing the intervention.

Vernon Johnson was a pioneer in breaking some highly cherished recovery myths such as "someone has to hit bottom before they can be helped." Some sections may seem a little outdated, but overall this is a very useful book for clinicians and the family of an addict. I don't recommend doing an intervention without a trained professional... if you can find one.

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